



PO Box 520
Española, New Mexico 87532
Phone: 505-852-2580
Fax: 505-852-1827

Admission to Hoy Recovery

Hoy Recovery Program, established in 1974, is a substance abuse treatment program that provides a variety of services, foremost to the residents of Rio Arriba county and Northern New Mexico, and subsequently to all other residents of New Mexico. The primary mission of Hoy Recovery Program is the enhancement and strengthening of individuals, families and the community as a whole, by providing culturally relevant substance abuse services in a safe and friendly environment.

To start the process contact the Intake Coordinator, at 505-852-2580 to complete a pre-initial screening. If an individual is incarcerated a Judgment and Sentence (J&S) is required and can be faxed to the admissions department at 1-505-852-1827. Thank you for your interest in our program.

Services We Offer

Our residential treatment center, located in Velarde, New Mexico, is a 24-hour intervention environment for adults who require individualized treatment in a structured setting. We offer multidisciplinary treatment including individual counseling, group counseling, family counseling, individual treatment plans, access to vocational/rehabilitative services, support group meetings, assistance in re-integrating into the community, and referral to outpatient services upon completion. Along with this, we offer structured social activities, art activities, Accudetox (acupuncture of the ear, targeting addiction points), Temazcal (Sweat Lodge), on

a farm setting with an agricultural program. The residential stay is from 30-90 days pending funding approval.

Admission Requirements:

- ❖ **\$150.00 intake fee must be paid by cash or money order on day of admittance with no exception. (This fee is non-refundable regardless of length of time in the program!)**
- ❖ ***Current driver's license or photo ID (we cannot admit you without a photo ID)**
- ❖ **Prescribed medication** must have current months' supply and refills available. Please see list of medications not allowed on Medical Clearance Page 2. You must arrange with your Physician for refills to be made at the local Espanola, NM pharmacies if you will be here longer than 30 days. If a medication you are taking is listed on your Medical Clearance and you do not have this at time of admission you will not be admitted. **There are no exceptions to this!**
- ❖ **Over the Counter Medications:** Consumers must bring in their own Over the Counter Medications and these must be approved by the Medical Professional filling out the medical clearance form. If you bring in Over the Counter medications which are **not** approved by the Medical Professional filling out the medical clearance you may not take these at the residential center. Over the Counter Medications which cause drowsiness or that contain alcohol are not allowed.
- ❖ **Copy of Medical Clearance and TB test results;** Medical Clearance must be filled out on Hoy's Medical Clearance form and signed by both you and your Medical Professional. This form must be dated within 5 days of your admission. You will **not be admitted** without a current Hoy Recovery Medical Clearance form. TB test results must be negative and up to date (TB test results must be within the last year). Hep. C and HIV testing is not required. **If the Medical Clearance is incomplete, or is not completed on the HOY Medical Clearance form, you will not be admitted!**
- ❖ **Outside Appointments:** Please complete or reschedule any appointments, medical/dental, business, court, hearings etc...**BEFORE** entering our program!
- ❖ Admissions to the program are Monday through Wednesday by 2pm, unless prior arrangements have been made with the Intake Coordinator. **The Intake Coordinator will give you an arrival date and time. Please stay in touch with the Intake Coordinator and**

notify of any issues that may interfere with your scheduled admit in order for you to keep your admission status.

Additional Information:

- ❖ **PREGNANT WOMEN HAVE PRIORITY FOR ADMISSION. IF YOU ARE PREGNANT, LET A STAFF MEMBER KNOW IMMEDIATELY!**
- ❖ A urine analysis (UA), breathalyzer (BA) and metal detector will be required at time of admission. You will be required to provide a UA sample within one hour of your arrival time. Inability to provide a UA can result in forfeiting the bed. Before admission can occur you must be negative for all substances on your UA and BA.
- ❖ Please, make your transportation aware that they will need to stay until the results of your UA and BA have been read and you have been approved for admission.
- ❖ There will be no phone calls or visitors for the first 30 days of your stay, unless there is an emergency or the call is made with your counselor.
- ❖ Transportation is not provided to or from our facility. Please make transportation arrangements for your arrival and departure.
- ❖ If you have any questions or concerns regarding your admission, please feel free to call the Intake Coordinator, Monday through Friday, 8:30-5:00 at 505-852-2580.
- ❖ Hoy Recovery provides Outpatient Services in Espanola, N.M., that offer several programs and services. Hoy Recovery Outpatient can be reached at 505-753-2203.
- ❖ If you have allergic reactions to foods and environmental contaminants, please bring medications and or epi-pen. (Please inform the Intake Coordinator if you have allergies of any kind)

What to Bring:

- ❖ Medical, dental and/or vision insurance card if applicable
- ❖ Work Shoes and tennis/sneaker
- ❖ Food stamp card
- ❖ 1-2 Notebooks
- ❖ Pens and/or pencils
- ❖ Stamps and envelopes
- ❖ Laundry soap labeled "H/E" or Environmentally Friendly
- ❖ Spending money (you may have \$20 on your person)

Hygiene Items Allowed (must bring your own): *All items Must be Alcohol Free

- ❖ At least two towels and washcloths
- ❖ Body Soap
- ❖ Shampoo/Conditioner
- ❖ Toothbrush & Toothpaste
- ❖ Disposable Razors (no hair clippers or electric razors)
- ❖ Nail clippers
- ❖ Deodorant
- ❖ Comb and/or brush
- ❖ Hair Spray (alcohol free)
- ❖ Make up, blow dryer, curling iron/straightener allowed
- ❖ **Women:** Feminine hygiene products for stays up to 90 days

Clothing Items: *Please bring only enough items for 7 days

- ❖ Hangers
- ❖ 1 jacket, 2-sweatshirts, or sweater (even in the summer, desert summer nights can be cool)
- ❖ 1-2 pair Sweat pants
- ❖ Shirts
- ❖ Socks
- ❖ Shower shoes /flip-flops
- ❖ Robe
- ❖ Underwear
- ❖ Bras (must be worn by female clients at all times)
- ❖ Pajamas/sleepwear
- ❖ 1 pair walking shoes/tennis shoes

- ❖ Jeans and/or slacks

Optional Items:

- ❖ Cigarettes (sealed) includes e-cigs and chewing tobacco
- ❖ 1 case Bottled water, Gatorade (**no soda**)
- ❖ 1 sealed bag hard candy or assorted chocolates.
- ❖ Healthy snacks such as trail mix/nuts, beef jerky, granola bars (**no chips**)
- ❖ **No homemade food items are allowed – all food items must be in original packaging and unopened.**
- ❖ 2-3 books or other reading material
- ❖ Hat
- ❖ 3 ring binder
- ❖ Basketball shorts
- ❖ AM/FM radio [**cannot** have alarm, cd/cassette player or ability to connect to internet]

ITEMS NOT ALLOWED Please Do NOT Bring!

(If these items below are brought to the facility they will NOT be stored for you)

- ❖ Cell phone or charger (clients are discharged if found with a cell phone)
- ❖ Jewelry of any kind
- ❖ Perfume/cologne/body spray are not allowed and will be destroyed if brought to the facility
- ❖ Knives/weapons
- ❖ Computer
- ❖ Camera
- ❖ Video devices
- ❖ Clorox Bleach
- ❖ Personal gaming devices (PSP, Nintendo DS, etc...)
- ❖ **ANYTHING** that connects to the internet via Wi-Fi
- ❖ Clothing or personal items with drug/alcohol/or sexual references, gang logos etc...
- ❖ Pornography
- ❖ Your own bedding
- ❖ **Women:** No Leggings, spaghetti strap, low cut or off the shoulder blouses, short shorts
- ❖ **Men:** No Muscle Shirts

Directions to Hoy Recovery



Physical Address

NM State Road 68
Rio Arriba County Road 49
Private Drive 1098
Velarde, NM 87582

From Espanola:

- ❖ North on Riverside Drive, towards Taos -Highway 68
- ❖ Continue Past the Ohkay Casino towards Velarde
- ❖ Turn left at Mile Marker 11, CR-49
- ❖ Follow road to stop sign
- ❖ Turn right and you will take the first left (you will see facility sign)

From Taos:

- ❖ South on Paseo Del Pueblo Norte, towards Espanola
Highway 68-Turn right at Mile Marker 11, CR-49
- ❖ Follow road to stop sign
- ❖ Turn right and you will take the first left (you will see facility sign)

Page 2- Hoy Recovery Medical Clearance Form

Client Name: _____

Please list all Over the Counter Medications (OTC's) that are approved for this Client to take: (Client Must Purchase their own OTC's).

Name of OTC	Dose	X Daily	Purpose	Physician Initials

- **Patient is medically/physically stable to participate in the residential treatment without restrictions:**
- Yes No
- **Medical Personnel Initials** _____

Provider Printed Name/Credentials: _____

Provider Signature: X _____

Telephone Number: _____ **Date:** _____

Fax Number: _____

- **I agree to release this information to Hoy Recovery Inc.** Yes No
- **Consumer Initials** _____

Patient Printed Name: _____

Patient Signature: X _____ **Date:** _____

Medications which are not allowed at Hoy Recovery;

Thioridazine (Melleril), Chlorpromazine (Largactil), Fluphennoine (Modecate/Moditen), Prochlorperzine/ Trifluoperazine (Sterlazine), Haloperidol (Haldol/Serenance), Flupenthixol (Depoxil), Zuclopenthixol (Clopixol), Perphezazine (Fentaxin), Methotrimeprazine (Nozinan), Percyazine (Neulactil), Promazine (Sparine), Acalazapine (Clozaril), Loxapine (Loxapac), Sulpiride (Dolmatil), Pipothiazine (piportil Depot), Pimozide (Orap), Trifluoperidol (Triperidol), Diazepam (Valium), Lorazepam (Ativan), Oxazepam (Serenid-d), Chlordiazepoxide (Librium), Medazepam (Nobrium), Alprazolam (Xanax), Clonazepam (Klonopin Rivotril), Bromazepam (Lexotan), Clobazam (Frisium), Clorazepate (Tranxene), Temazepam (Normison), Nitrazepam (Mogadon), Flunitrazepam (Rohypnol), Loprazolam (Dormonox), Zolpidem (Ambien), Diamorphine (Heroin), Pethidine (Parmergan P100), Demerol, Buprenorphine

(Temgesic), Dextromoramide (Palfium), Dihydrocodeine (DF 188's, DHC Continus), Methadone (Physeptone), Pentazocine (Fortral), Codeine, Tramadol, Hydrocodone (Lorcex, Lortab, Nores), Oxycodone (Percocet, Peroden, Oxycontin), Pentanyl (Duragesic) Stimulants/ Amphetamine / Dextroamphetamine (Ritalin, Vyvanse, Adderall etc.)
08/2018